

● Are you ready to be **Radically Well?**

This empowering employee-development program bridges overall wellness, cultural awareness, & trauma-informed practices with easy-to-embrace tools and programs. By nurturing resilience, breaking barriers, and promoting change, Radically Well cultivates a thriving business culture and unlocks the potential within individuals to succeed. See higher productivity and better retention when your business isn't just 'well' - it's Radically Well.



Tools and Frameworks make the difference:

Too often programs come with a 'one-size-fits-all' mentality. At MylestoGo we know that's not the reality and it won't yield the best result. Instead, the Radically Well program is here to provide tools and frameworks that are rooted in successful outcomes but driven by the needs of your unique business. Your participant experiences help inform the journey, leading to the best results!

Why engage with MTG?

- +** Customized programming reflecting the needs, schedules, and preferred modalities of your business (including in-person, online, 'take home', and asynchronous options.)
- +** Comprehensive, accessible, and creative programs engage your team members, promoting wellness and increasing skills.



Training & Facilitation

Leader or team training in trauma-informed practices, language, & environments; cultivating resilience; using creativity for cultural health, and more.



Kits & Curriculum

Individual and group kits for small group and individual asynchronous exploration & development of self-care and regulation skills; resilience skills; communication skills, and others.



Speaking

In-person keynote or panelist on individual and group wellness, trauma-informed growth, resilience and self-care, overcoming trauma to succeed, and the power of creativity for healing.



Consulting Partner

Ongoing work with your leadership team to develop programs, policies, and inform environments in trauma-informed practices, and individual and group wellness.

● *Let's connect!*

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