

NICHOLE MYLES, M.A., CFRE

- * Leader
- * Speaker
- * Creator Idea
- * Igniter

and **NOT DONE YET!**



OPPORTUNITIES
TO ENGAGE &
CONNECT

MEET NICHOLE MYLES, M.A., CFRE OF MYLESTOGO SPEAKING AND CONSULTING

Bringing forward more than 20 years of experience in education, nonprofits, and leadership, Nichole Myles weaves together compelling storytelling with experience and expertise to engage listeners in a journey of self-discovery—the ups and downs of growth – and what it really takes to make a 'comeback' - personally, professionally, and organizationally. Her expertise in trauma-informed practices, resilience, and post-traumatic growth isn't just academic - being an educator, solo parent, nonprofit executive, and domestic abuse survivor - she's lived it.

Nichole has a Master's degree in i/o Psychology with a Coaching and Consulting Concentration and 2 levels of professional certifications in Trauma and Resilience. Additionally, she carries a CAGS in Nonprofit Management, a CFRE (certified fundraising executive) designation, and a DEI (Diversity, Equity, and Inclusion) Certificate. She uses her education to hone poignant personal stories into opportunities for participants to glean critical steps to their own growth - examining what they, their organization, or community has overcome, where they want to go, and how to lean into that experience to amplify their future.

Nichole's role as 'expert companion' translates easily to speaker, facilitator, consultant, or coach, as she employs the tools, techniques and frameworks that turn trauma into transformation, helping move clients from 'survivorship' to 'thrivorship'.

Keynote
Speaking



Workshop
Facilitation



Organizational
Consulting



1:1
Coaching



Podcast
Guest



Guest
Writer



Nichole Myles

MylesToGo Speaking & Consulting

Sample Topics

- Getting Resilience Right - Tools for Resilience and Self-Care
- People, Policies, and Places (the Trauma-Informed Workplace)
- Creating Psychological Safety for Team Building
- Say What? Trauma-Informed Language for all
- Social/Emotional Learning and Resilience for Youth
- Expressive Arts as a Trauma-Informed Practice
- Post-Traumatic Growth Framework and Skill-building.
- From Ruin to Reinvention: A Survivorship story of Post-Traumatic Growth



Nichole's 2019 TEDx speech, "Lessons I've Learned from the People who Don't Like Me" has garnered over 82,000 views and counting.

WHAT OTHERS SAY

"The training was extremely interesting and useful... Nichole presented the material with humor and genuineness. She has already impacted the way I am looking at the space to ensure that it is trauma informed to the best of our ability. She gave me the insight and the ability to put into words who I am and why I respond the way I do. That to me was priceless. Nichole, is someone that I will continue to follow to see how else I can grow." - Serene, Client attendee

"A captivating presenter, Nichole engages and inspires her audience to not only accept themselves, but offers a powerful message on coming through the other side." - Lisa Berry, MBA, CSPO

"Thank you for building us up, showing we can do more than we think, and creating opportunities for us to be in service. You are truly a fearless leader and showed us how we can be too." - M. Fisher

Contact Nichole!

2576 Kingsfield Street
 Mount Pleasant, SC 29466
 929.466.6013
 nichole@mylestogo.net
 www.mylestogo.net

